

2017 NO COST-SHARE PREVENTIVE MEDICATIONS

by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Religious exemptions to covering contraceptives

PPACA allows certain employers to exclude coverage for contraceptive services due to religious beliefs.

If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn't administered, funded by or connected in any way to your employer's health coverage, and is private and confidential.

Your healthcare professional

Talk with your doctor about choosing the medication or product that's right for you. If your doctor feels a certain contraceptive product (on this list) or smoking cessation product (on this list) isn't medically appropriate for you, have your doctor contact us to determine what other products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your doctor.

Together, all the way.[®]



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

Aspirin Products

Aspirin Products

Available to:

Males: 45-79 years

Females*: 55-79 years

*Available for females of childbearing age at risk of preeclampsia during pregnancy

Adult Low Dose Aspirin
Adult Low Dose Aspirin EC
Aspirin 81 mg
Aspir-Low
Bayer Chewable Aspirin
Children's Aspirin
Children's Chewable Aspirin
Ecotrin 81 mg
St. Joseph Aspirin

Breast Cancer Prevention (Females)

raloxifene
tamoxifen

Barrier Contraception

Available to Females

Conceptrol Insert
FC2 Female Condom
Femcap
Gynol II
Today Contraceptive Sponge
VCF Vaginal Contraceptive Film
VCF Vaginal Contraceptive Foam
VCF Vaginal Contraceptive Gel
Wide Seal Diaphragm

Bowel Prep Products for Colorectal Cancer Screenings

Available to Males and Females:
50-75 years

bisacodyl 5mg tablets
bisacodyl EC 5mg tablets
Colyte with flavor packets
Gavilyte-C
Gavilyte-G

Gavilyte-H and bisacodyl
Gavilyte-N
Golytely
Miralax
Moviprep
Nulytely with flavor packs
Osmoprep
PEG 3350
PEG 3350 with electrolytes
PEG 3350 with flavor packs
PEG-Prep
Prepopik
Suprep
Trilyte with flavor packs

Emergency Contraception

Available to Females

Ella
My Way
Next Choice One Dose

Hormonal Contraception^{^*}

Available to Females

Altavera
Alyacen
Amethia
Amethia Lo
Apri
Aranelle
Aubra
Aviane
Azurette
Balziva
Briellyn
Camila
Camrese
Camrese Lo
Caziant
Chateal
Cryselle
Cyclafem
Dasetta
Daysee
desogestrel/ethinyl estradiol
drospirenone/ethinyl estradiol
Elinest
Emoquette
Enpresse

Enskyce
Errin
Estarylla
Falmina
Gianvi
Gildagia
Gildess
Gildess FE
Heather
Introvale
Jencycla
Jolessa
Jolivette
Junel
Junel FE
Kariva
Kurvelo
Larin
Larin FE
Leena
Lessina
Levonest
levonorgestrel and ethinyl estradiol
Levora
Loryna
Low-Ogestrel
Lutera
Lyza
Marlissa
medroxyprogesterone acetate 150 MG/ML
Microgestin
Microgestin FE
Mono-Linyah
Mononessa
Myzilla
Necon
Nora-Be
norethindrone
norgestimate/ethinyl estradiol
norgestrel/ethinyl estradiol
Nortrel
Nuvaring
Ocella
Orsythia
Philith
Pimtrea
Pirmella
Portia
Previfem
Quasense
Reclipsen

Sprintec
Sronyx
Syeda
Tilia FE
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Trinessa
Tri-Previfem
Tri-Sprintec
Trivora
Velivet
Vestura
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zovia

[^] If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

* Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here

Fall Prevention/Vitamin D Supplementation

* adults 65 years of age and older to prevent falls

D3 Dots
D3-2000
D3-50
Decara
Delta D3
Dialyvit Vitamin D3 Max
Dialyvit Vitamin D
D-Vi-Sol
D-Vita Drops
Just D
Kids Vitamin D3
Maximum D3
Optimal D3
Replesta
Replesta NX
Thera-D
Vitamin D
Vitamin D3
Vitamin D-400

Folic Acid Supplementation

Available to Females (Only products containing 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal
Daily Prenatal
Folic Acid
KPN
Maxinate
One Daily Prenatal
P-D Natal Plus With Folic Acid
Prenatal
Prenatal Formula
Prenatal Multi + DHA
Prenatal OTC
Prenatal Vitamins
Preque 10
Right Step Prenatal Vitamins
Urosex

Pediatric Multivitamins

(containing fluoride and fluoride supplements)

Available to Males and Females: six months - six years

Escavite
Escavite D
Floriva
Fluorabon
Fluor-a-day
Fluoride
Fluoritab
Flura-drops
Ludent Fluoride
Multivitamin and Fluoride
Multivitamins with Fluoride
Multivitamins with Fluoride-Iron
MVC-Fluoride
MyKidz Iron FL
Poly-VI-Flor
Poly-VI-Flor with Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
Texavite LQ
Triple Vitamin w/Fluoride
Tri-VI-Flor
Tri-vitamin with Fluoride
Tri-vite w/Fluoride
Tri-vite w/Fluoride Iron
Vitamins A,C,D & Fluoride

Pediatric Iron-Containing Products/Fluoride Supplementation

Available to Males and Females: six months - 12 months

Fer-Iron
Ferrous Sulfate
Flura Drops
Icar
IronUp
Multivitamins with Fluoride-Iron
MyKidz Iron 10
Novaferrum
Wee Care

Smoking Cessation^{^*}

Quantity Limitations apply.

bupropion (generic for Zyban[®])

May also be known as:

Bupropion HCl SR 12HR

nicotine replacement therapy*

patches, gum and lozenges

May also be known as:

Nicoderm

Nicorelief

Nicorette

Nicotine Polacrilex Gum

Nicotine Polacrilex Lozenge

Nicotine TD Patch 24HR

Nicotine Transdermal System

[^] If your doctor feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.

* Generic nicotine replacement therapy (so called "store-brands" are available at no cost-sharing to you, even though they may not be listed here.)

(Note: If your plan requires use of Generic medications, additional costs may apply when receiving a Brand medication).



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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